



The South Jersey Ski Club AVALANCHE January, 2008



A PROUD SUPPORTER OF THE PENNSYLVANIA CENTER FOR ADAPTED SPORTS,
THE NATIONAL OVARIAN CANCER COALITION,
& BIG BROTHERS / BIG SISTERS

The "FRIENDLY Ski Club", of skiers and nonskiers alike!

- January 2 – General Meeting
- January 9 – Social Comm. Mtg.
- January 16 – General Meeting
- January 23 – Board Mtg.

UPCOMING EVENTS:

Elephant & Castle Coupon, Happy Hours,
PLUS many more great events inside!
Check it out!



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We wish everyone a happy
and prosperous 2008!



SOUTH JERSEY SKI CLUB
Miles Choyce
1812 Woodhollow Drive
Marlton, NJ 08053





South Jersey Ski Club

2007 - 2008

SJSC Board of Directors

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- Asst. Ski Director: *OPEN; Can be you, guaranteed fun time! Please contact Becky L. (above)*
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- Asst. Social Dir.: *OPEN; Can be you, guaranteed fun time! Please contact Geoff Smith (above)*
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JHayfield@Comcast.Net

Meetings (** NEW START TIME - 7:30PM **)

All meetings are held at the Elephant & Castle, in the Clarion Hotel, Cherry Hill, NJ

SJSC meets on the 1st and 3rd Wednesday of each month at the Elephant & Castle Pub & Restaurant, in the Clarion Hotel on Rt. 70 West (just off exits 34a or 34b of Rt. 295). The meetings are 7:30-9:30pm and are casual mixers with a cash bar. All are welcome to come and meet the club, with no pressure or obligation.

Editorial Policy

The Avalanche is the official publication of the South Jersey Ski Club. Its purpose is to inform members and prospective members of club activities. We accept articles and ads from all members. Articles submitted should adhere to the following guidelines: (1) articles should be in good taste, (2) not to exceed one typed page, (3) must be received by the **second Friday of the month prior to publication**. Due to space limitations, the article or ad may be edited. Contact the Avalanche Editor for information on submitting articles.

Contacting Us!

Correspondence:

Send letters, comments and/or suggestions to:
South Jersey Ski Club - c/o Bianca Mandel
2005 Brandywine Street
Philadelphia, PA 19130

The Web: www.SJskiclub.com

Check out our exciting Webpages, jam packed with our most current info, cool ski links and other surprises. Come and see the all new photo album!

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Membership Dues:

Annual membership dues are required for all members of the club. Any two members living at the same residence may qualify for family membership. Any additional members living at the same residence must add \$15.00 per person.

Single Membership Dues: \$30.00

Family Membership Dues: \$45.00

Memberships begin on May 1, 2007 and expire on April 30, 2008

Advertising Rates:

Business Card: \$10/month or \$100/year

¼ page: \$20/month

½ page: \$40/month

Full page: \$80/month



Off Diste – Jan. 2008

What's With the Killington Trip??

For the at the least the last five years, we've run a Killington trip in early January, usually the first weekend after New Years. And for every one of those years, we've sold it out and usually had a waiting list.

This year, shortly before the deadline for finalizing the number of rooms with the lodge, we had twenty something signed up.

So we took the unusual step of combining the trip with Fall Line Ski Club since they were running a trip the same weekend and had a similar number of sign ups.

The rational behind this is strictly financial. If we run a trip with a half full bus, the ski club would loose about \$1500 and for us, that's a significant sum.

Frankly, I'm puzzled about why we have so few signed up. Snow in New England very good and much better than last year (when it was horrible) and Killington is no longer offering individual discount lift tickets. On your own, 2 days of weekend lifts would cost you \$140. So going with the club makes financial sense in addition to the fun factor.

It's also disappointing to me because I know there are people who want to go but will not be able to get on the bus.

The reality of doing group business with lodges is they want to know, at least 3-4 weeks in advance, the number of rooms we will buy. And that's in conflict with the reality of people waiting to the last minute to commit to a ski trip (or anything else).

Nevertheless, we still are planning on having a great trip (I'm going myself) and getting better acquainted with our Fall Line Ski Club friends.

I'd be very interested in getting feedback or your thoughts on this. Send me an e-mail or talk to me at a meeting.

Geoff S

>> The savings continue <<
20% off your food bill when you dine at the Elephant and Castle

Patronize the Elephant and Castle
anytime for great food, drink and entertainment

Located in the Clarion Hotel
1450 Marlton Pike East
Cherry Hill, NJ 08034
856.427-0427

Present this SJSC coupon when ordering to receive 20% off your food bill - Limit one coupon per table

Expires 03/31/08

Cut out this coupon and present to your server when ordering. Limit – one coupon per table. Please note expiration date!

***** Business Cards: *****

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1450 Marlton Pike East
Cherry Hill, NJ 08034
856.427-0427
(at Rt 70 and I 295)

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Lift Lines



*Monthly news from your Ski Committee
January 2008*

Discounted Lift Tickets

A fantastic benefit for SJSC Members made possible by the Eastern PA Ski Council. Savings anywhere from \$15-25 per ticket. This is just a partial list - to order, email Becky Lettner rslettner@verizon.net, or see her at the next general meeting for the complete list of ticket options. All orders must be prepaid to SJSC by cash, check or VISA - 4% handling fee for VISA. Here is a partial list:

	Midweek/Weekend	
Big Two (Frost and Boulder)	\$31	\$36
Blue Mountain	\$31	\$39
Elk	\$35	\$44
Bear Creek	\$24	\$39
Camelback	\$32	\$44
SNO Mt. (formerly Montage)	\$32	\$45
	Anytime	
Sugarbush	\$42	
Stratton	\$48	
Okemo	\$51	
Jay Peak	\$34	
Gore/Whiteface (Lake Placid)	\$42	
Mount Snow	\$50	
Bromley	\$37	

Survey Says...

That's right, it's time for feedback. This month the ski committee is posting a survey online to assist us in future trip planning. Watch the email alerts to see when it's posted and then "have at it!" Trip planning is a critical task and we want to create the most desirable schedule for our members, but in order to do that we need your help. Whether you're a weekend only person or a die hard extended trip participant - help us by completing the survey once it is posted. Thanks in advance for doing so.

Last Minute Losers

I'll wait to sign up. Wait for what??? Wait for the space to be gone? Wait to wave goodbye to your friends on the bus who are headed to a great time skiing? With group travel we need to work within deadlines. If we miss the cutoff dates for the bus, or lodging commitments - it costs the club

significantly. Would you rather see your club dollars be spent paying for space that didn't get used or seats that were not used on the bus? Or would you rather get a box lunch on the way home that you didn't have to pay for? Or maybe those discounted drinks at the Bash, or more door prizes given back to members?

It can't go both ways. To be able to pass on the value of savings - group lift tickets, discounted lodging, shared transportation - not to mention the opportunity to spend your time with like-minded great people and forge treasured friendships - we need you to sign up for the trip when they open. When you snooze, not only do you lose - the club loses.

Weekend Update

Killington (Jan 11-13) \$365 Dbl/\$305 Quad - back to the Northstar with the largest hot tub in New England and ski the Beast of the East with Kate McGee. As noted in the President's article on page 3 of this edition, this trip has been revised due to low participation and we will be sharing the bus with Fall Line Ski Club. Check with the meister for details.

Sunday River (Feb 1-4) \$540 Dbl. Diane Kae is leading this 3-day Superbowl weekend trip. The Bethel Inn with regular shuttles to the mountain is our home for 3 nights. Ski 3 days; Superbowl party on Sunday with "heavy" hors d'oeuvres and cash bar. Room cut back deadline was the end of December, so only limited seats may be available - email Diane now if you are interested! dianekae@comcast.net.

Sugarbush (Feb 22-24) **Opens December 5** \$340 Dbl, includes breakfast at the Powderhound - prime season. Ski with Deb Ciancarelli on some of the best terrain in New England.

Lake Placid (Mar 7-9) **Opens December 5** \$230 Dbl/\$185 Quad - pure fun - and skiing too!. Under new leadership - Kathy Desmarais is now your meister on this club favorite - so much to do at Placid!

New This Season - Lunch on Us

This season the weekend bus trips will include a box lunch for the ride home. Menu options will vary per destination - Generally the boxes have consisted of a sandwich, piece of fruit, cookie and or chips and a soft drink. As always - South Jersey bus trips are a BYOB affair - ice and cups are provided.



SJSC Social News

January
2008

- **HEY EVERYBODY** - The SJSC Social Committee is always looking for volunteers and people with fun ideas to help plan events! Contact Geoff S. at 609-518-3279.
- For more details about any the events you see here, see the detailed flyers elsewhere in this current *Avalanche* OR..... check the SJSC website (www.sjskiclub.com)

GENERAL MEETINGS – Elephant & Castle on Rt. 70 in Cherry Hill (just west of I-295), at 7:30-9:30pm on the 1st and 3rd Wednesday of every month (except June and July).

Meetings are a great way to find out more about SJSC, as well as meet new people. If you have an idea for a speaker or would like to speak at a meeting, please contact Geoff S. at 609-518-3279.

- **1/2 – HAPPY NEW YEAR – General Meeting at E&C at 7:30pm.** Come on all you speedsters and listen to a talk on NASTAR.
- **1/16 – General Meeting at E&C at 7:30pm.** Come and listen to a presentation by Velocity Sports.

HAPPY HOURS – Get ready for great socializing and join us at a SJSC Summer Happy Hours!!

- **1/4 - Friday 5pm @ Links CC in Kings Grant, Marlton.** No Jeans or tank tops please.

DINNER CLUB- January 27

Couscous Royal Feast! 6pm, Barclay Shopping Center, Cherry Hill, NJ.

Join us for a 10 (yes 10!) course feast

Menu includes Soups, Salads, Chicken Bastilla, Kabobs, Baklava, YUM! \$32pp BYOB, RSVP to Marge G. 609-440-3897!

OTHER STUFF:

CO-ED VOLLEYBALL – PART DEUX. IT’S EVEN MORE DIFFERENTER.

Thursday evenings 8:00 to 10:30pm at Cherry Hill Health and Racket Club, between I-295 and the Turnpike off Rt. 70 West in Cherry Hill, NJ. Cost is \$6 per night. We are allowed to use the Wallyball courts and the fitness equipment. This session will run into December and **may go all winter**. Again, only one court.

Contact Jeff H. @ 856-767-8700.

Watch for Chinese New Year in February!

Please regularly check www.SJskiClub.com for updated details on our events.

2007-08 SJSC Nastar Racing Calendar

Red text means that we'll meet and race as a team - join the team for some fun!

Date	Event	Location	Racing Days	Time	Racing Slope
Dec 27-Jan 1	SJSC Utah trip	Park City Snobasin	Daily Fri-Sunday	10am-3pm 11am-3pm	Blanche Blue Grouse
Jan 6, 2008	Poconos	Shawnee Mt	Sunday	10am-3pm	Upper Tomahawk
Jan 7	Race Training	Spring Mountain	Monday	7-9pm	
Jan 13	Poconos	Sno Mountain	Sunday	10am-noon	Switch
Jan 14	Race Training	Spring Mountain	Monday	7-9pm	
Jan 19-26	SJSC Breckinridge	Breckinridge	Daily	10am-3:30pm	Sundown
Jan 20	Poconos	Camelback	Sunday	12:30-3:30pm	Raceway
Jan 21	Race Training	Spring Mountain	Monday	7-9pm	
Jan 27	Poconos	Shawnee Mt	Sunday	10am-3pm	Upper Tomahawk
Jan 28	Race Training	Spring Mountain	Monday	7-9pm	
Feb 1-4	SJSC Sunday River	Sunday River	Club Race		Monday Mourning
Feb 3	Poconos	Sno Mountain	Sunday	10am-noon	Switch
Feb 5	Bear Creek	Bear Creek	Tuesday	7-9pm	Timberline
Feb 7	Blue Mt	Blue Mt	Thursday	6:30-8:30pm	Raceway
Feb 10	Poconos	Camelback	Sunday	12:30-3:30pm	Raceway
Feb 12	Bear Creek	Bear Creek	Tuesday	7-9pm	Timberline
Feb 14	Blue Mt	Blue Mt	Thursday	6:30-8:30pm	Raceway
Feb 17	Poconos	Blue Mountain	Sunday	2-4pm	Raceway
Feb 19	Bear Creek	Bear Creek	Tuesday	7-9pm	Timberline
Feb 21	Blue Mt	Blue Mt	Thursday	6:30-8:30pm	Raceway
Feb 22-24	SJSC Sugarbush	Sugarbush	Fri-Sunday	10am-2:30pm	Racers Edge & Springfling
Feb 24	EPSC Council Cup Races	Blue Mt	Sunday	All Day - by invite only	Raceway
Feb 26	Bear Creek	Bear Creek	Tuesday	7-9pm	Timberline
Feb 28	Blue Mt	Blue Mt	Thursday	6:30-8:30pm	Raceway
March 2	Poconos	Shawnee Mt	Sunday	10am-3pm	Upper Tomahawk
March 7-9	SJSC Lake Placid	Whiteface	Wed-Sunday	10:30am-3:30pm	Lower Valley
March 9	Poconos	Sno Mountain	Sunday	10am-noon	Switch
March 12-17	SJSC Steamboat	Steamboat	Wed-Sunday	10:30am-12:30pm	Bashor

National races will run Friday and Saturday with Finals scheduled for Sunday
Contact Jeff Hayfield for more information about Nastar and the SJSC Team

Be nice to your skis – Wax Them!!

Regular use of wax will allow your skis/snowboard to glide and turn easier than skis/snowboard with an untreated base. Visualize a base as being absorbent like a sponge. The idea is to fill the base with wax. Wax will slowly release as you glide down the mountain leaving a lubricating layer between your base and the snow. Lubrication is important for both performance and protection of the base from the abrasive effects of the snow. Wax will also protect your base from oxidation. Bases exposed to oxygen will oxidize and become rough, similar to the roughness created when steel oxidizes in the form of rust. Wax seals your base to prevent harmful oxidation which slows ski glide. Waxing is easy and you will need only a few basic supplies.

How to Wax



1) Clean base

1) Clean Base

It's best to prepare the base by cleaning. This is first done by scraping with an acrylic scraper to remove any old wax or dirt from the surface. (Use base cleaners sparingly and only in emergency as they tend to 'dry out' and deteriorate the base material.) A brass brush will further clean the base and will remove any oxidized base material. Use a fiber pad to remove any 'fuzz' created by the brass brushing.



2) Iron wax into ski or board base

2) Iron wax into base

Liquid or paste waxes may increase glide for a short time. However, they quickly wear off and don't protect your base from oxidation or abrasion. Hot waxing is best. Hold a wax bar on an iron and drip melted wax on base. Control heat so wax will flow easily, but not so hot as to 'smoke' wax. Iron base for a short time to spread wax and penetrate it into your base.



3) Scrape excess cool wax off

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Let wax cool to room temperature. Scrape off excess with an acrylic scraper, leaving very little wax on the surface of the base. Excess wax inhibits gliding easy as it fills the 'structure' channels in the base.



4) Brush and polish for maximum glide

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Brush the surface wax out of the structure with nylon or horsehair brush. This clears the moisture channels to break the suction and enhance glide. Final cleaning of the base with a fine fiber pad removes excess wax and polishes base for max glide.

A properly waxed and tuned ski will glide easier, it will turn easier and it will be more fun to ski on! Prep your skis and hit the slopes with the SJSC NASTAR ski team this winter...For more info contact jhayfield@comcast.net ...Get on the SJSC NASTAR team bus!!!

South Jersey Ski Club 2007-2008 Ski Trip Schedule

Due to the ever changing circumstances that exist in the travel industry - all prices are subject to change. Consider purchasing optional Trip Cancellation Insurance to avoid the imposition of cancellation fees on extended trips. All trip prices are per person based on double occupancy unless otherwise noted.

EB = Early Bird Pricing for Extended trips - this price is valid for signups through September 30, 2007 (Nov 30th for Steamboat)

All extended trips include R/T air and ground transportation to lodging.

All weekend bus trips BYOB; cups & ice provided. No meal stops; bring your own for Friday night bus ride. Box lunch is provided on return trip.

DATES	Destination	Meisters	Description	Cost
Dec 14-16	Stowe VT	John & Jackie Morgan (856) 728-8887 puphat@aol.com	Wake up Your Ski Legs • Lodging at The Northern Lights • Hot Buffet Breakfast • Full Dinner on Saturday • BYOB wet bar • Karaoke • indoor pool & hot tub • 2 Day Lift • Box lunch on ride home • You can't beat this screaming bargain.	\$260 Dbl \$240 Triple
Dec 27-Jan 1	Salt Lake City, UT	Alan Feldman acfeldman@comcast.net (610) 529-7258	New Year's Trip • Shiloh Inn in SLC • Daily Breakfast • 2 Days with Super Pass valid at Snowbird/Alta/Solitude/Brighton • 2 Days with SJSC Charter Bus-1 Day at Snowbasin, 1 Day at Park City • New Years Party included	\$1075 EB \$1140
Jan 11-13	Killington VT	Kate McGee mcgeec82@yahoo.com Jason Scheuren	Always a favorite - this trip sells out early. Northstar Lodge • Continental Breakfasts • The greatest hot tub in New England • 2 Day Lift • More snowmaking than anywhere else • Box lunch on ride home • Ski the Beast of East!	\$365 Dbl \$305 Quad
Jan 19-26	Breckenridge CO	Joe Benedetto (215) 552-9176 jbenede717@aol.com	Eastern PA Ski Council Winter Carnival • party with other clubs from our area • Great Divide Lodge – 50 Yards to the Lifts • 5 day multi area lift tkt • parties • races • tons of group fun and incredible skiing.	\$1355 EB \$1425
Feb 1-4	Sunday River ME	Diane Kae (215) 717-6089 (work) dianekae@comcast.net	Superbowl Weekend • 3 nights lodging at the Bethel Inn • 3 days lifts • 3 breakfasts • 2 dinners • Superbowl party • Box lunch on ride home • Ski and watch your team win the Superbowl in style	\$540 Dbl
Feb 10-17	Whistler Blackcomb CANADA	Rebecca Thron 856-857-0128 whistler08@gmail.com	British Columbia with 7,000 acres of trails, glaciers & alpine bowls on these two connected mountains • Sunday to Sunday • 7 nights at the Crystal Lodge in the Whistler Village • 5days lift • SJSC party •	\$1575 EB \$1660
Feb 22-24	Sugarbush VT	Deb Ciancarelli (856) 310-4466 dciancarelli@verizon.net	Two of Vermont's highest peaks • 2 nights at the Powderhound • 2 breakfasts • 2 day lifts. Come ski over 50 miles of East's best terrain with a 2,600 vertical and 111 trails • Box lunch on ride home	\$340 Dbl
Feb 29 - Mar 11	Val Gardena and Venice ITALY	Dale & Bianca Mandel (215) 563-9947 Tfanmom@aol.com dalemandel@comcast.net	Magnificol! Nonstop air from JFK (bus included) • 7 nights Hotel Antares (4*) Selva Val Gardena • Daily Buffet Breakfast & Dinner • 3 Nights at Hotel Amadeus, Venice • Daily Buffet Breakfast, Venice • Lifts on your own	\$2400 EB \$2555
Mar 7-9	Lake Placid NY	Kathy Desmarais (856) 236-8100 Kal230@yahoo.com Rich Klein	An Olympic Favorite, site of the Miracle on Ice • Skiing, bobsledding, skating, shopping, restaurants and more • 2 nights lodging right in town at Art Devlin's Olympic Motor Inn • R/T bus • Lift tickets & meals are on your own • Box lunch on ride home.	\$230 Dbl \$185 Quad
Mar 12-17	Steamboat CO	Jeff Hayfield (856) 768-0527 jhayfield@comcast.net	NASTAR Finals - 5 nights at the Lodge at Steamboat (2BR/2Bath condos) • welcome wine & cheese • 4days lifts • An extra \$40 gets you a pass to join in the Championship parties, raffles, live bands, etc. For racers and NON racers alike! Only 20 seats will be sold!	\$1169 EB \$1229

SJSC SOCIAL CALENDAR



SUN	MON	TUE	WED	THR	FRI	SAT
		1 Salt Lake City, UT trip	2 General Mtg.	3	4 HH @ Links CC in Kings Grant	5
6	7	8	9 Social Mtg.	10	11 Killington, VT Trip	12 Killington, VT Trip
13 Killington, VT Trip	14	15	16 General Mtg.	17	18	19 Breckenridge, CO Trip
20 Breckenridge, CO Trip	21 Breckenridge, CO Trip - MLK, Jr. Day	22 Breckenridge, CO Trip	23 Breckenridge, CO Trip - Board Mtg.	24 Breckenridge, CO Trip	25 Breckenridge, CO Trip	26 Breckenridge, CO Trip
27 Dinner Club at Barclay Shopping Center	28	29	30	31		



SUN	MON	TUE	WED	THR	FRI	SAT
					1 Sunday River, ME Trip	2 Sunday River, ME Trip
3 Sunday River, ME Trip	4 Sunday River, ME Trip	5	6 - General Mtg. - Ash Wed.	7	8	9
10 Whistler, CAN Trip	11 Whistler, CAN Trip	12 Whistler, CAN Trip	13 - Social Mtg. - Whistler, CAN Trip	14 - Whistler, CAN Trip - Valentine's Day	15 Whistler, CAN Trip	16 Whistler, CAN Trip
17 Whistler, CAN Trip	18 Presidents' Day	19	20 General Mtg.	21	22 Sugarbush, VT Trip	23 Sugarbush, VT Trip
24 Sugarbush, VT Trip	25	26	27 Board Mtg.	28	29	



More skiing, more partying, more friendships forming!!!

Look forward to future events: Hiking, Wine Dinners, Happy Hours, and much more!

Get instant updates on the website... www.SJskiclub.com